

## WEEKLY INSPIRATION

### Rest for the Weary

**“Come unto me, all ye that labour and are heavy laden, and I will give you rest.”  
Matthew 11:28, KJV**

Jesus invites the tired and burdened to come to Him. True rest is found in His presence. Lay your burdens at His feet.

In Gospel of Matthew 11:28, Jesus gives one of the most tender invitations in Scripture:

“Come unto me, all ye that labour and are heavy laden, and I will give you rest.”

These words were spoken by Jesus Christ to people burdened by religious rules, personal struggles, and the weight of daily survival. They were tired—physically, emotionally, and spiritually. And His invitation still echoes today.

Notice He says, “*Come unto Me.*” Rest is not found in a place, a program, or a possession. It is found in a Person. The world offers escape; Jesus offers rest. The world distracts; Jesus restores.

The word “labour” suggests exhaustion from effort. Many are striving—trying to fix themselves, prove themselves, save themselves. “Heavy laden” speaks of burdens placed upon us—guilt, shame, fear, grief, expectations. Jesus does not deny the weight; He offers to carry it.

This rest is more than physical sleep. It is soul-rest—a deep assurance that you are loved, forgiven, and held securely in His care. When we come to Christ, we exchange our striving for surrender and our anxiety for peace.

If your heart feels tired today, the invitation still stands. You do not have to clean yourself up first. You do not have to have all the answers. Just come.

Bring your weariness.  
Bring your questions.  
Bring your brokenness.

He promises rest.

#### **Prayer:**

Lord, I come to You weary and burdened. I lay every weight at Your feet. Teach me to trust You, to lean on You, and to find true rest in Your presence. Amen.

**God Bless You May Heaven Have A Smile Upon You!**

**VAZQUEZ MINISTRY**

“Spreading The Gospel, Changing Lives

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